

WHITE TIGER TAE KWON-DO

MARCH 2015 NEWSLETTER

Tiger Tournament

A great tiger tournament at Moulton last month! Again this was well supported by our own members, Mr Harris's club from Lutterworth and Emma Payne's mixed martial arts club. It was great to see what other martial arts are out there and to see what techniques we can learn from other clubs and integrate into our own training.

A massive well done to everyone who won trophies and medals, results are as follows:

Tiger Tournament results

Pattern Winners

Steven Gent- W Jacob Oliver- L Alex Evans- L

Sumo Winners

Lauren Anslow- W Grace Anslow-W Tom Stanton-M

Sparring Winners

Lauren Anslow-W Eleanor Mawdley-W Elvis Lee-W
Ethan Graham-L Adil Bashir-Z Callum Marriot-W Archie Hudson-M
Steven Gent-W Francis Rea-M Sam Vickers-Z Alister Merry-Z
Bethany Anslow-W William Adamson-L Ben Roxbee-Cox-Z
Alex Evans-L Bethany Anslow-W
Over Head Kick Winners James Adamson-L Steven Gent-W
Ethan Graham-L Alex Evans-L

M=Moulton W=Wellingborough L=Loughborough Z=ZKSMA M= Moulton

Well done all other competitors who competed.

Grading 8th March : Report

A cracking grading last weekend with a high percentage of members passed to the next level. Shows what happens when the hard work pays off! Various members are now looking to set their sights on their black belt too. Keep up the good work everyone! Train hard and you will succeed!

Black Belt Training

Black Belt training this month will be run at Wellingborough on Sun 15th and 29th 7pm to 8pm £4 per member. Mr. Conboy will be running colour belt training from 6pm to 7pm these evenings at no extra cost to Moulton members.

Once a month equipment ordering

Any orders for sparring equipment and doboks etc. will be ordered during the first week of the month. Any orders made after the 1st of the month will go into the next months order. This is to save on postage / carriage costs.

Adrian Gent

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