



WHITE TIGER

TAE KWON DO



News letter March 2020

Colour Belt Grading Sunday 15th March Moulton village hall Pound Lane.

11 am start to 1pm approx finish. Full sparring equipment required for green belt and above. Please check my register to see if you have attended enough lessons since last grading? Licence books and fee £20 must be handed in by Friday 13th March at the latest.

Seminar. Covering throws ,locks ground work and falls etc.

Fri 3rd April Moulton village hall Pound Lane 7pm to 9pm.

We have a guest instructor teaching the above techniques. £5 entry fee or free if you have trained twice before on that week. Seated spectators £2. bring family and friends along as well.

Change of venues ,times and fees.

Owing to the increase in members at Obelisk, at the start of this month we will be training at the Obelisk on Monday and Wednesday 6.30 pm to 8pm. Friday night as usual at Moulton 7pm to 8pm.

Owing to increasing hall costs these are the new training fees. Weekly- one lesson £5 ,Two lessons £9 and Three lessons £12. These are not refundable if you don't turn up for any reason and not carried forward to the next week. Family weekly fees for two or more members £20.

Also I am introducing monthly fees of £30 per month for each member if you would rather pay by the month in advance. This must be paid during the first seven days. I am hoping in the near future to move with the times and be able to accept card payments and standing orders.

New members always welcome. Introduce a friend and receive one months training or a free licence renewal when they licence. Their first three classes are free.

Mr Adrian Gent, Chief Instructor. (6th Deg)

Tel mob 07929636773 or e-mail tiger-gent19@hotmail.com

Website www.whitetigertaekwon-do.co.uk .

Mr Conboy mob 077881856157.