



# WHITE TIGER TAE KYON-DO NEWSLETTER



**March 2026**

## **Colour Belt gradings 2026:**

The colour belt gradings for remainder of 2026 are as follows:

Friday 15th May 2026 and 25th September 2026

If you are planning to grade, make sure that you hand in your Licence Books and grading fees (£20) in the week before the grading. Please speak to Mr. Gent if you're unsure if you're ready.

## **Upcoming Training and Senior Training**

We are starting Senior / Black Belt Training from the beginning of March from 8pm till 9pm on Tuesday evenings. This will be for Green Belts upwards. Higher grades feel free to come to the beginner lesson before hand, a good chance to keep on top of your basics as well as assist with lower grades, you will get two lessons for the price of one.

To let everyone know, Mr Gent will be away for a week in March 2026 from 19th March 2026 to 26th March 2026. Assistant Instructor Mr. John Simons will sadly not be able to cover the lessons due to work commitments. So there will be no training on 20th March and 24th March 2026. Training will be back to normal from 27th March 2026.

## **Taking to and Collecting Members from Class**

For health and safety reasons. We are encouraging all parents of young members to drop them off to and to pick them up from the door of the dojang hall. We are responsible for the members from when they enter the dojang to when they leave the dojang after training.

## **New Members!**

If you know of any friends etc. looking to try something new? Bring them along! New members always welcome. First 3 lessons are free. Remember if you get a new member to license you get 1 months free training.

If you have any issues or concerns please talk to me after lessons or contact the number below.

**Mr Adrian Gent, Chief Instructor. (7th Deg)**  
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**Website: [www.whitetigertaekwon-do.co.uk](http://www.whitetigertaekwon-do.co.uk)**